



*Growth*  
**GUIDE**

SPRING 2025



# Growth GUIDE

*I am the vine; you are the branches. If you  
remain in me and I in you, you will bear much fruit;  
apart from me you can do nothing.*

*- John 15:5*

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## *Introduction*

Imagine a branch separated from its vine. At first, it might still appear vibrant, full of life and possibility. But without its source of sustenance, it quickly withers, unable to bear fruit. Jesus used this very image in John 15:5, saying, “I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me, you can do nothing.” This Growth Guide is designed to help you stay connected to the Vine, nurturing your relationship with God so that you may thrive spiritually, emotionally, and even relationally.

Life often feels like a whirlwind of responsibilities, distractions, and challenges. It’s easy to let our connection to God drift to the periphery. Yet, just as a branch depends on the vine for life, we too must remain deeply rooted in Christ. Dallas Willard, a renowned Christian thinker, once said, “Discipleship is the process of becoming who Jesus would be if he were you.” Staying connected to God through prayer, Scripture, and reflection equips us for this transformation, shaping our hearts and actions to reflect Christ in the unique circumstances of our lives.

This guide is an invitation to pause daily and refocus on what matters most: your relationship with God. Through short Scripture readings, reflection questions, and prayers, you will find opportunities to align your heart with God’s and draw strength from his presence. Like a branch abiding in the vine, you will discover the joy and peace that come from staying connected, even in life’s busyness.

Let this devotional be your daily reminder to abide in Christ, trusting that as you do, he will provide the nourishment you need to grow, bear fruit, and flourish.

## *How to Use This Guide*

Each daily entry in this guide contains an opening Call to Worship, a Psalm of the day, a Scripture passage to read and meditate on, a couple of questions to think about, and an opportunity to talk with God (pray) about what you've read and heard. Here are a few thoughts to keep in mind:

We've designed these devotions to be flexible. If a daily devotion is a new experience for you, you might want to start by setting aside ten minutes a day to go through the material and pray. Don't worry too much about the length of time – it's better to spend a few minutes each day than to spend an hour every once in a while. And as time goes by and you get more comfortable, you may even find yourself naturally wanting to spend a little longer on each devotion.

If you miss a day, don't stress over it! Just pick up where you left off the next day. We've only given you five devotions per week, so you have a couple of extra "catch-up" days built into each week. And remember, this is meant to be a blessing, not a burden!

Many people find that picking a specific time and place to have their devotion each day helps them stay consistent. Remember – there's no "perfect" way to do this. Just find the time and place that works best for you where you can spend a few quiet, uninterrupted moments by yourself.

Each day, you might want to follow a basic order like this:

- Put away your phone or any other distractions. It may help to take a brief walk, light a candle, or stretch beforehand, as a way of easing your soul into a new mode of quietness and connection.
- Take a moment to sit quietly, recognizing that God is with you and loves you completely.
- Begin by saying a short prayer. Share anything you need or want to say to God, welcome his Spirit into this moment, and ask him to speak to you through his Word.
- Prayerfully read the Psalm of the day, then go through the main Scripture reading.
- Make sure to take your time and read slowly. You might want to read the passage several times. As you read, ask yourself: What do I notice about the passage? How might God be speaking to me today through these words?
- Spend a few moments reflecting on and answering the questions listed. Many people

find it helpful to jot down a few of their thoughts about the questions in the space provided. Taking a few notes has a way of helping us clarify what we're thinking, and it will also help you remember your experience better so you can share it with others.

- Close by spending a few moments in prayer, submitting yourself to God and asking him to make you more like Jesus. If you like, you can write out some or all of your prayer in the space provided.

## *A Few Details*

The Scripture readings included in this guide have been intentionally selected to complement the topics we'll be covering in the Sunday sermons and our Grow Group sessions. Each week, we focus on a particular theme that we'll explore more fully in the worship service that weekend. By reflecting on the theme throughout the week, you'll put yourself in a great position to hear from the Holy Spirit in worship on Sunday.

As you look through the readings, you'll notice that some days we give you a longer passage to read, but then we specify a few verses to focus on. On these days, we're including the longer reading to give you context, but encouraging you to focus specifically on the few verses that the questions will be based on. We suggest that you read the entire passage once, then read the verses to focus on several times. Note that you may read the longer passage several different days, while the verses to focus on will change each day. This gives you extended time to soak in a longer passage, concentrating on a bit at a time each day.

As in the fall, we have included a section at the end of each week with more space for notes. You can use these in whatever way you find most helpful – extra space for your daily journaling, a place to write reflections and prayers for the days in between (like Saturdays or Sundays), or even to add a creative form of prayer such as drawing or writing a poem. Additionally, we have provided a page where you can take notes from Sunday's sermon. You can then bring this book with you to your Grow Group to share reflections from your daily Growth Guide readings as well as from that week's message on the same theme. Use this space in whatever way serves you best.

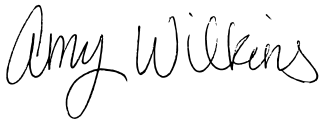
## *A Final Word*

As you go through this book, remember – you aren’t doing this to earn brownie points with God or to impress your friends! :) God already loves you fully and completely. Spending time with him in Scripture and prayer doesn’t make him love you any more, and missing a day won’t make him love you any less. That isn’t the point!

The point is that because God loves you, he wants to spend time with you. And because a dynamic, transformative relationship with Jesus is the best possible thing for us, investing in that relationship is an opportunity, not an obligation.

So please, don’t view this resource as a guilt trip, a duty, or a way to “be a good person.” View it instead as an invitation to experience the beauty, joy, and transforming power of spending time with our loving and gracious King.

May God bless you as you “plug in” and connect with him!



Amy Wilkins  
Associate Pastor





WEEK 1



**WEDNESDAY**  
JANUARY 1

CALL TO WORSHIP:

*Give thanks to the Lord, for he is good. His love endures forever.* PSALM 136:1

PSALM OF THE DAY:

*Psalms 103*



SCRIPTURE READING:  
**EPHESIANS 4:1-6**

VERSES TO FOCUS ON:  
**EPHESIANS 4:1**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What calling(s) has God placed on your life?
- Spend a few minutes talking with God through prayer about this passage. Ask God if there is anything that needs to change for you to "live a life worthy of the calling you have received."

NOTES

**BENEDICTION:** EVERY GOOD AND PERFECT GIFT IS FROM ABOVE, COMING DOWN FROM THE FATHER OF THE HEAVENLY LIGHTS, WHO DOES NOT CHANGE LIKE SHIFTING SHADOWS. **JAMES 1:17**

**THURSDAY**  
JANUARY 2

CALL TO WORSHIP:

*Give thanks to the Lord, for he is good. His love endures forever.* PSALM 136:1

PSALM OF THE DAY:

*Psalms 104:1-18*



SCRIPTURE READING:  
**EPHESIANS 4:1-6**

VERSES TO FOCUS ON:  
**EPHESIANS 4:2-3**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What would it look like for you to "make every effort" toward unity and peacemaking - in your family, in our church, in your workplace or school, neighborhood, etc? What next step can you take to grow in this area?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you grow in humility, gentleness, patience, and forbearance.

NOTES

**BENEDICTION:** EVERY GOOD AND PERFECT GIFT IS FROM ABOVE, COMING DOWN FROM THE FATHER OF THE HEAVENLY LIGHTS, WHO DOES NOT CHANGE LIKE SHIFTING SHADOWS. **JAMES 1:17**

# Growth **GUIDE**

**FRIDAY**  
JANUARY 3

CALL TO WORSHIP:

*Give thanks to the Lord, for he is good. His love endures forever.* PSALM 136:1

PSALM OF THE DAY:

*Psalm 104:19-35*



SCRIPTURE READING:  
**EPHESIANS 4:1-6**

VERSES TO FOCUS ON:  
**EPHESIANS 4:4-6**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- Why is unity within the church so important? What message does a unified church declare to an unbelieving world? What message does a fragmented church declare to an unbelieving world?
- Spend a few minutes talking with God through prayer about this passage. Pray for the unity in our own church family, and how you might help strengthen and protect the unity of our church.

NOTES

**BENEDICTION:** EVERY GOOD AND PERFECT GIFT IS FROM ABOVE, COMING DOWN FROM THE FATHER OF THE HEAVENLY LIGHTS, WHO DOES NOT CHANGE LIKE SHIFTING SHADOWS. **JAMES 1:17**

GROWTH GUIDE NOTES

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WEEK 2





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# Growth **GUIDE**

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**MONDAY**  
JANUARY 6

CALL TO WORSHIP:

*Because your love is better than life, my lips will glorify you.* PSALM 63:3

PSALM OF THE DAY:

*Psalms 105:1-22*



SCRIPTURE READING:  
**EPHESIANS 4:7-16**

VERSES TO FOCUS ON:  
**EPHESIANS 4:7**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- Unity doesn't equal sameness. Christ generously gives each of us different gifts. Think about the giftedness of those you love. How do these demonstrate God's goodness?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you see more of his grace through the gifts of others.

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NOTES

**BENEDICTION:** THE LORD BLESS YOU AND KEEP YOU; THE LORD MAKE HIS FACE SHINE ON YOU AND BE GRACIOUS TO YOU; THE LORD TURN HIS FACE TOWARD YOU AND GIVE YOU PEACE. NUMBERS 6:24-26

**TUESDAY**  
JANUARY 7

CALL TO WORSHIP:

*Because your love is better than life, my lips will glorify you.* PSALM 63:3

PSALM OF THE DAY:

*Psalm 105:23-45*



SCRIPTURE READING:  
**EPHESIANS 4:7-16**

VERSES TO FOCUS ON:  
**EPHESIANS 4:8-10**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What is the relationship between the ascension of Jesus and the distribution of spiritual gifts to believers? (Hint: Look at Paul's use of Psalm 68.)
- Spend a few minutes talking with God through prayer about this passage. Praise God as our victorious King, who has all authority.

NOTES

**BENEDICTION:** THE LORD BLESS YOU AND KEEP YOU; THE LORD MAKE HIS FACE SHINE ON YOU AND BE GRACIOUS TO YOU; THE LORD TURN HIS FACE TOWARD YOU AND GIVE YOU PEACE. NUMBERS 6:24-26

**WEDNESDAY**  
JANUARY 8

CALL TO WORSHIP:

*Because your love is better than life, my lips will glorify you.* PSALM 63:3

PSALM OF THE DAY:

*Psalms 106:1-23*



SCRIPTURE READING:  
**EPHESIANS 4:7-16**

VERSES TO FOCUS ON:  
**EPHESIANS 4:11-13**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What is the role of church leaders (v11)? What is the role of the congregation (v12)? What is our goal (v13)?
- Spend a few minutes talking with God through prayer about this passage. Pray for our church leadership, and ask God to use you and everyone in our church to grow together in maturity and unity.

NOTES

**BENEDICTION:** THE LORD BLESS YOU AND KEEP YOU; THE LORD MAKE HIS FACE SHINE ON YOU AND BE GRACIOUS TO YOU; THE LORD TURN HIS FACE TOWARD YOU AND GIVE YOU PEACE. NUMBERS 6:24-26

**THURSDAY**  
JANUARY 9

CALL TO WORSHIP:

*Because your love is better than life, my lips will glorify you.* PSALM 63:3

PSALM OF THE DAY:

*Psalm 106:24-48*



SCRIPTURE READING:  
**EPHESIANS 4:7-16**

VERSES TO FOCUS ON:  
**EPHESIANS 4:14**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What is the danger of spiritual immaturity?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you learn from God's truth and grow in God's ways.

NOTES

**BENEDICTION:** THE LORD BLESS YOU AND KEEP YOU; THE LORD MAKE HIS FACE SHINE ON YOU AND BE GRACIOUS TO YOU; THE LORD TURN HIS FACE TOWARD YOU AND GIVE YOU PEACE. NUMBERS 6:24-26

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# Growth **GUIDE**

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**FRIDAY**  
JANUARY 10

CALL TO WORSHIP:

*Because your love is better than life, my lips will glorify you.* PSALM 63:3

PSALM OF THE DAY:

*Psalms 107:1-20*



SCRIPTURE READING:  
**EPHESIANS 4:7-16**

VERSES TO FOCUS ON:  
**EPHESIANS 4:15-16**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What characteristics of spiritual maturity does Paul describe for the church in verses 15 and 16?
- Spend a few minutes talking with God through prayer about this passage. Pray for our church to reflect what Paul describes here.

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NOTES

**BENEDICTION:** THE LORD BLESS YOU AND KEEP YOU; THE LORD MAKE HIS FACE SHINE ON YOU AND BE GRACIOUS TO YOU; THE LORD TURN HIS FACE TOWARD YOU AND GIVE YOU PEACE. NUMBERS 6:24-26

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WEEK 3





**MONDAY**  
JANUARY 13

CALL TO WORSHIP:

*I will praise you as long as I live, and in your name I will lift up my hands.* PSALM 63:4

PSALM OF THE DAY:

*Psalm 107:21-43*



SCRIPTURE READING:  
**EPHESIANS 4:17-24**

VERSES TO FOCUS ON:  
**EPHESIANS 4:17**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- Paul says that the gospel brings heart change and life change. How have you seen this to be true in your own life?
- Spend a few minutes talking with God through prayer about this passage. Ask God to transform your life more and more by the pattern of Jesus.

NOTES

**BENEDICTION:** AND MY GOD WILL MEET ALL YOUR NEEDS ACCORDING TO THE RICHES OF HIS GLORY IN CHRIST JESUS. PHILIPPIANS 4:19

**TUESDAY**  
JANUARY 14

CALL TO WORSHIP:

*I will praise you as long as I live, and in your name I will lift up my hands.* PSALM 63:4

PSALM OF THE DAY:

*Psalm 108*



SCRIPTURE READING:  
**EPHESIANS 4:17-24**

VERSES TO FOCUS ON:  
**EPHESIANS 4:18-19**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How does Paul describe the hearts and lives of those who don't know Jesus? How does this impact the way you relate to and witness to unbelievers?
- Spend a few minutes talking with God through prayer about this passage. Pray for someone you know who is not following Jesus.

NOTES

**BENEDICTION:** AND MY GOD WILL MEET ALL YOUR NEEDS ACCORDING TO THE RICHES OF HIS GLORY IN CHRIST JESUS. PHILIPPIANS 4:19

**WEDNESDAY**  
JANUARY 15

CALL TO WORSHIP:

*I will praise you as long as I live, and in your name I will lift up my hands.* PSALM 63:4

PSALM OF THE DAY:

*Psalms 109:1-15*



SCRIPTURE READING:  
**EPHESIANS 4:17-24**

VERSES TO FOCUS ON:  
**EPHESIANS 4:20-21**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- Who has taught you about Jesus? What aspects of their life and character do you want to emulate?
- Spend a few minutes talking with God through prayer about this passage. Thank God for those who have helped you to grow in your faith.

NOTES

**BENEDICTION:** AND MY GOD WILL MEET ALL YOUR NEEDS ACCORDING TO THE RICHES OF HIS GLORY IN CHRIST JESUS. PHILIPPIANS 4:19

**THURSDAY**  
JANUARY 16

CALL TO WORSHIP:

*I will praise you as long as I live, and in your name I will lift up my hands.* PSALM 63:4

PSALM OF THE DAY:

*Psalm 109:16-31*



SCRIPTURE READING:  
**EPHESIANS 4:17-24**

VERSES TO FOCUS ON:  
**EPHESIANS 4:22**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What "old self" ways of life has God helped you "put off"? What "old self" ways is God helping you remove right now?
- Spend a few minutes talking with God through prayer about this passage. Thank God for his ongoing transforming work in your life.

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NOTES

**BENEDICTION:** AND MY GOD WILL MEET ALL YOUR NEEDS ACCORDING TO THE RICHES OF HIS GLORY IN CHRIST JESUS. PHILIPPIANS 4:19

**FRIDAY**  
JANUARY 17

CALL TO WORSHIP:

*I will praise you as long as I live, and in your name I will lift up my hands.* PSALM 63:4

PSALM OF THE DAY:

*Psalm 110*



SCRIPTURE READING:  
**EPHESIANS 4:17-24**

VERSES TO FOCUS ON:  
**EPHESIANS 4:23-24**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What new ways of thinking or new habits is God forming in you in this season?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you grow in righteousness and holiness.

NOTES

**BENEDICTION:** AND MY GOD WILL MEET ALL YOUR NEEDS ACCORDING TO THE RICHES OF HIS GLORY IN CHRIST JESUS. PHILIPPIANS 4:19

GROWTH GUIDE NOTES

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WEEK 4





**MONDAY**  
JANUARY 20

CALL TO WORSHIP:

*For the Lord is good and his love endures forever; his faithfulness continues through all generations.* PSALM

100:5

PSALM OF THE DAY:

*Psalms 111*



SCRIPTURE READING:

**EPHESIANS 4:25-5:7**

VERSES TO FOCUS ON:

**EPHESIANS 4:25-28**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- Paul spells out the rationale for each of these three commands (after each comma). How do these strengthen our desire and motivation to grow in these areas?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you grow in truth, reconciliation, and generosity.

NOTES

**BENEDICTION:** SO DO NOT FEAR, FOR I AM WITH YOU; DO NOT BE DISMAYED, FOR I AM YOUR GOD. I WILL STRENGTHEN YOU AND HELP YOU; I WILL UPHOLD YOU WITH MY RIGHTEOUS RIGHT HAND. **ISAIAH 41:10**

**TUESDAY**  
JANUARY 21

CALL TO WORSHIP:

*For the Lord is good and his love endures forever; his faithfulness continues through all generations.* PSALM

100:5

PSALM OF THE DAY:

*Psalms 112*



SCRIPTURE READING:

**EPHESIANS 4:25-5:7**

VERSES TO FOCUS ON:

**EPHESIANS 4:29-31**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- Paul describes several ways we damage our relationships with others. Which of these causes you the most trouble? What sort of damage might it do?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you build others up and treat them with kindness and compassion.

NOTES

**BENEDICTION:** SO DO NOT FEAR, FOR I AM WITH YOU; DO NOT BE DISMAYED, FOR I AM YOUR GOD. I WILL STRENGTHEN YOU AND HELP YOU; I WILL UPHOLD YOU WITH MY RIGHTEOUS RIGHT HAND. **ISAIAH 41:10**

**WEDNESDAY**  
JANUARY 22

CALL TO WORSHIP:

*For the Lord is good and his love endures forever; his faithfulness continues through all generations.* PSALM

100:5

PSALM OF THE DAY:

*Psalms 113*



SCRIPTURE READING:

**EPHESIANS 4:25-5:7**

VERSES TO FOCUS ON:

**EPHESIANS 4:32-5:2**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What do these verses say about forgiveness? Is there anyone you need to forgive?
- Spend a few minutes talking with God through prayer about this passage. Thank Jesus for loving you and giving his life for you. Ask him to help you do love others sacrificially and generously.

NOTES

**BENEDICTION:** SO DO NOT FEAR, FOR I AM WITH YOU; DO NOT BE DISMAYED, FOR I AM YOUR GOD. I WILL STRENGTHEN YOU AND HELP YOU; I WILL UPHOLD YOU WITH MY RIGHTEOUS RIGHT HAND. **ISAIAH 41:10**

**THURSDAY**  
JANUARY 23

CALL TO WORSHIP:

*For the Lord is good and his love endures forever; his faithfulness continues through all generations.* PSALM

100:5

PSALM OF THE DAY:

*Psalms 114*



SCRIPTURE READING:

**EPHESIANS 4:25-5:7**

VERSES TO FOCUS ON:

**EPHESIANS 5:3-5**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How are sexual immorality, impurity, and greed related to idolatry?
- Spend a few minutes talking with God through prayer about this passage. Ask God to make you attentive to the temptations described here, that you might sense the Spirit convicting you and respond in obedience.

NOTES

**BENEDICTION:** SO DO NOT FEAR, FOR I AM WITH YOU; DO NOT BE DISMAYED, FOR I AM YOUR GOD. I WILL STRENGTHEN YOU AND HELP YOU; I WILL UPHOLD YOU WITH MY RIGHTEOUS RIGHT HAND. **ISAIAH 41:10**

CALL TO WORSHIP:

*For the Lord is good and his love endures forever; his faithfulness continues through all generations.* PSALM

100:5

PSALM OF THE DAY:

*Psalm 115*



SCRIPTURE READING:

**EPHESIANS 4:25-5:7**

VERSES TO FOCUS ON:

**EPHESIANS 5:6-7**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- These verses describe how easily we can be influenced by others toward sin. How can we protect against these influences?
- Spend a few minutes talking with God through prayer about this passage. Ask God to reveal any "empty words" or half-truths that might be leading you astray.

NOTES

**BENEDICTION:** SO DO NOT FEAR, FOR I AM WITH YOU; DO NOT BE DISMAYED, FOR I AM YOUR GOD. I WILL STRENGTHEN YOU AND HELP YOU; I WILL UPHOLD YOU WITH MY RIGHTEOUS RIGHT HAND. **ISAIAH 41:10**

GROWTH GUIDE NOTES

SERMON NOTES

WEEK 5





**MONDAY**  
JANUARY 27

CALL TO WORSHIP:

*I will extol the Lord at all times; his praise will always  
be on my lips.* PSALM 34:1

PSALM OF THE DAY:

*Psalms 116*



SCRIPTURE READING:  
**PSALM 100**

VERSES TO FOCUS ON:  
**PSALM 100:3**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How does Psalm 100:3 shape the way we view ourselves in relation to God? How does this lead us into praise?
- Spend a few minutes talking with God through prayer about this passage. Try praying this Psalm back to God as praise from your own lips. ("I shout for joy to you, Lord. I worship you with gladness...")

NOTES

**BENEDICTION:** OH, THE DEPTH OF THE RICHES OF THE WISDOM AND KNOWLEDGE OF GOD! HOW UNSEARCHABLE HIS JUDGMENTS, AND HIS PATHS BEYOND TRACING OUT! **ROMANS 11:33**

**TUESDAY**  
JANUARY 28

CALL TO WORSHIP:

*I will extol the Lord at all times; his praise will always  
be on my lips.* PSALM 34:1

PSALM OF THE DAY:

*Psalms 117*



SCRIPTURE READING:  
**COLOSSIANS 3:1-4**

VERSES TO FOCUS ON:  
**COLOSSIANS 3:1-4**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What does it mean for your life to be "hidden with Christ in God"?
- Spend a few minutes talking with God through prayer about this passage. Offer your life to God, and ask him to help you live by his ways and his priorities.

NOTES

**BENEDICTION:** OH, THE DEPTH OF THE RICHES OF THE WISDOM AND KNOWLEDGE OF GOD!  
HOW UNSEARCHABLE HIS JUDGMENTS, AND HIS PATHS BEYOND TRACING OUT! **ROMANS**  
11:33

**WEDNESDAY**  
JANUARY 29

CALL TO WORSHIP:

*I will extol the Lord at all times; his praise will always  
be on my lips.* PSALM 34:1

PSALM OF THE DAY:

*Psalm 118:1-10*



SCRIPTURE READING:  
**GALATIANS 2:20**

VERSES TO FOCUS ON:  
**GALATIANS 2:20**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- Is there any part of your life that is not surrendered to the lordship of Christ? How does Christ's love and sacrifice enable us to give ourselves fully to him?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you trust in his love and care, and to fully surrender yourself to the life of thriving he offers to you.

NOTES

**BENEDICTION:** OH, THE DEPTH OF THE RICHES OF THE WISDOM AND KNOWLEDGE OF GOD! HOW UNSEARCHABLE HIS JUDGMENTS, AND HIS PATHS BEYOND TRACING OUT! **ROMANS 11:33**

**THURSDAY**  
JANUARY 30

CALL TO WORSHIP:

*I will extol the Lord at all times; his praise will always  
be on my lips.* PSALM 34:1

PSALM OF THE DAY:

*Psalm 118:11-20*



SCRIPTURE READING:

**2 CORINTHIANS 5:11-15**

VERSES TO FOCUS ON:

**2 CORINTHIANS 5:14-15**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What would it look like to no longer live for yourself?
- Spend a few minutes talking with God through prayer about this passage. Ask for help to live with Christ's resurrection at the focused center of your life, compelled by his love.

NOTES

**BENEDICTION:** OH, THE DEPTH OF THE RICHES OF THE WISDOM AND KNOWLEDGE OF GOD!  
HOW UNSEARCHABLE HIS JUDGMENTS, AND HIS PATHS BEYOND TRACING OUT! **ROMANS**  
11:33

# Growth **GUIDE**

**FRIDAY**  
JANUARY 31

CALL TO WORSHIP:

*I will extol the Lord at all times; his praise will always  
be on my lips.* PSALM 34:1

PSALM OF THE DAY:

*Psalm 118:21-29*



SCRIPTURE READING:  
**LUKE 19:11-27**

VERSES TO FOCUS ON:  
**LUKE 19:15**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- Following Jesus means yielding our lives to his purposes and for his Kingdom, even when that involves risk. In what ways does your life reflect this?
- Spend a few minutes talking with God through prayer about this passage. Ask Jesus to help you to give your life fully to him, and to help you to invest your life in his Kingdom work.

NOTES

**BENEDICTION:** OH, THE DEPTH OF THE RICHES OF THE WISDOM AND KNOWLEDGE OF GOD!  
HOW UNSEARCHABLE HIS JUDGMENTS, AND HIS PATHS BEYOND TRACING OUT! **ROMANS**  
11:33

GROWTH GUIDE NOTES

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**MONDAY**  
FEBRUARY 3

CALL TO WORSHIP:

*He says, "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."* PSALM 46:10

PSALM OF THE DAY:

*Psalms 119:1-20*



SCRIPTURE READING:  
**JOHN 8:1-11**

VERSES TO FOCUS ON:  
**JOHN 8:11**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How does Jesus' treatment of the woman caught in adultery speak to the way he views our own sin? (See also John 1:14.) What does it say about how we treat sexual sinners both inside and outside the church?
- Spend a few minutes talking with God through prayer about this passage. Humbly receive any ways the Spirit is convicting you of sin. Thank God for his grace and forgiveness when we repent. Ask God to help you to live in a way that honors him.

NOTES

**BENEDICTION:** TO THE ONLY GOD OUR SAVIOR BE GLORY, MAJESTY, POWER AND AUTHORITY, THROUGH JESUS CHRIST OUR LORD, BEFORE ALL AGES, NOW AND FOREVERMORE! AMEN. JUDE 1:25

**TUESDAY**  
FEBRUARY 4

CALL TO WORSHIP:

*He says, "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."* PSALM 46:10

PSALM OF THE DAY:

*Psalm 119:21-40*



SCRIPTURE READING:

**1 THESSALONIANS 4:1-8**

VERSES TO FOCUS ON:

**1 THESSALONIANS 4:3-4**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What does this passage teach us about honoring God and one another with our bodies?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you to control your desires and live in a way that is holy and honorable.

NOTES

**BENEDICTION:** TO THE ONLY GOD OUR SAVIOR BE GLORY, MAJESTY, POWER AND AUTHORITY, THROUGH JESUS CHRIST OUR LORD, BEFORE ALL AGES, NOW AND FOREVERMORE! AMEN. JUDE 1:25

**WEDNESDAY**  
FEBRUARY 5

CALL TO WORSHIP:

*He says, "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."* PSALM 46:10

PSALM OF THE DAY:

*Psalm 119:41-60*



SCRIPTURE READING:  
**GALATIANS 5:13-26**

VERSES TO FOCUS ON:  
**GALATIANS 5:16-17**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- In your own life, how do you see the desires of the flesh and the desires of the Spirit in conflict with each other?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you crucify the flesh with its passions and desires and to instead keep in step with the Spirit.

NOTES

**BENEDICTION:** TO THE ONLY GOD OUR SAVIOR BE GLORY, MAJESTY, POWER AND AUTHORITY, THROUGH JESUS CHRIST OUR LORD, BEFORE ALL AGES, NOW AND FOREVERMORE! AMEN. JUDE 1:25

**THURSDAY**  
FEBRUARY 6

CALL TO WORSHIP:

*He says, "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."* PSALM 46:10

PSALM OF THE DAY:

*Psalm 119:61-80*



SCRIPTURE READING:  
**ROMANS 12:1-2**

VERSES TO FOCUS ON:  
**ROMANS 12:1**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What does it look like to offer your body as a living sacrifice, holy and pleasing to God?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you to use your body for his glory and his purposes.

NOTES

**BENEDICTION:** TO THE ONLY GOD OUR SAVIOR BE GLORY, MAJESTY, POWER AND AUTHORITY, THROUGH JESUS CHRIST OUR LORD, BEFORE ALL AGES, NOW AND FOREVERMORE! AMEN. JUDE 1:25

**FRIDAY**  
FEBRUARY 7

CALL TO WORSHIP:

*He says, "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."* PSALM 46:10

PSALM OF THE DAY:

*Psalms 119:81-100*



SCRIPTURE READING:

**1 CORINTHIANS 6:12-20**

VERSES TO FOCUS ON:

**1 CORINTHIANS 6:19-20**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What ways can you honor God with your body? (List as many as you can.)
- Spend a few minutes talking with God through prayer about this passage.

NOTES

**BENEDICTION:** TO THE ONLY GOD OUR SAVIOR BE GLORY, MAJESTY, POWER AND AUTHORITY, THROUGH JESUS CHRIST OUR LORD, BEFORE ALL AGES, NOW AND FOREVERMORE! AMEN. JUDE 1:25

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**MONDAY**  
FEBRUARY 10

CALL TO WORSHIP:

*Ascribe to the Lord, you heavenly beings, ascribe to the Lord glory and strength. Ascribe to the Lord the glory due his name; worship the Lord in the splendor of his holiness.* PSALM 29:1-2

PSALM OF THE DAY:

*Psalms 119:101-120*



SCRIPTURE READING:

**1 CORINTHIANS 12:1-11**

VERSES TO FOCUS ON:

**1 CORINTHIANS 12:7**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- Spiritual gifts are not just for the "super spiritual." Every Christian is gifted for service. What gifts has God given you, and how can these be used "for the common good"?
- Spend a few minutes talking with God through prayer about this passage. Ask God to reveal the gifts he has given to you.

NOTES

**BENEDICTION:** MAY THE GRACE OF THE LORD JESUS CHRIST, AND THE LOVE OF GOD, AND THE FELLOWSHIP OF THE HOLY SPIRIT BE WITH YOU ALL. **2 CORINTHIANS 13:14**

**TUESDAY**  
FEBRUARY 11

CALL TO WORSHIP:

*Ascribe to the Lord, you heavenly beings, ascribe to the Lord glory and strength. Ascribe to the Lord the glory due his name; worship the Lord in the splendor of his holiness.* PSALM 29:1-2

PSALM OF THE DAY:

*Psalms 119:121-140*



SCRIPTURE READING:

**1 CORINTHIANS 12:12-26**

VERSES TO FOCUS ON:

**1 CORINTHIANS 12:18**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- Have you ever felt discontent or jealous of someone else's spiritual gifts? How does this passage correct that attitude?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you put away any competitiveness and instead to celebrate the giftings of others.

NOTES

**BENEDICTION:** MAY THE GRACE OF THE LORD JESUS CHRIST, AND THE LOVE OF GOD, AND THE FELLOWSHIP OF THE HOLY SPIRIT BE WITH YOU ALL. **2 CORINTHIANS 13:14**

**WEDNESDAY**  
FEBRUARY 12

CALL TO WORSHIP:

*Ascribe to the Lord, you heavenly beings, ascribe to the Lord glory and strength. Ascribe to the Lord the glory due his name; worship the Lord in the splendor of his holiness.* PSALM 29:1-2

PSALM OF THE DAY:

*Psalms 119:141-160*



SCRIPTURE READING:

**1 CORINTHIANS 12:27-31, 13:1-3**

VERSES TO FOCUS ON:

**1 CORINTHIANS 12:31B**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- As wonderful as spiritual gifts are, Paul says that love is even greater. How can our use of spiritual gifts be magnified by love?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you value what he values, and to lead with love as you use your gifts.

NOTES

**BENEDICTION:** MAY THE GRACE OF THE LORD JESUS CHRIST, AND THE LOVE OF GOD, AND THE FELLOWSHIP OF THE HOLY SPIRIT BE WITH YOU ALL. **2 CORINTHIANS 13:14**

**THURSDAY**  
FEBRUARY 13

CALL TO WORSHIP:

*Ascribe to the Lord, you heavenly beings, ascribe to the Lord glory and strength. Ascribe to the Lord the glory due his name; worship the Lord in the splendor of his holiness.* PSALM 29:1-2

PSALM OF THE DAY:

*Psalms 119:161-176*



SCRIPTURE READING:  
**1 PETER 4:7-11**

VERSES TO FOCUS ON:  
**1 PETER 4:10**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How is using our spiritual gifts a way of stewarding God's grace?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you use your gifts to serve God and others.

NOTES

**BENEDICTION:** MAY THE GRACE OF THE LORD JESUS CHRIST, AND THE LOVE OF GOD, AND THE FELLOWSHIP OF THE HOLY SPIRIT BE WITH YOU ALL. **2 CORINTHIANS 13:14**

CALL TO WORSHIP:

*Ascribe to the Lord, you heavenly beings, ascribe to the Lord glory and strength. Ascribe to the Lord the glory due his name; worship the Lord in the splendor of his holiness.* PSALM 29:1-2

PSALM OF THE DAY:

*Psalm 120*



SCRIPTURE READING:  
**ROMANS 12:3-8**

VERSES TO FOCUS ON:  
**ROMANS 12:5**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How has God designed our gifts to work together in the body of Christ (the church)?
- Spend a few minutes talking with God through prayer about this passage. Ask God to give you opportunities to encourage others in identifying and using their gifts at VRBC.

NOTES

**BENEDICTION:** MAY THE GRACE OF THE LORD JESUS CHRIST, AND THE LOVE OF GOD, AND THE FELLOWSHIP OF THE HOLY SPIRIT BE WITH YOU ALL. **2 CORINTHIANS 13:14**

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**MONDAY**  
FEBRUARY 17

CALL TO WORSHIP:

*Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful, and so worship God acceptably with reverence and awe, for our “God is a consuming fire.”* HEBREWS 12:28-29

PSALM OF THE DAY:

*Psalm 121*



SCRIPTURE READING:

**2 CORINTHIANS 8-9**

VERSES TO FOCUS ON:

**2 CORINTHIANS 8:1-7**

QUESTIONS FOR REFLECTION:

- As you read today’s passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- Despite their own financial hardships, the Macedonians experienced “overflowing joy” by living in “rich generosity.” Can you think of a time when you experienced deep joy by living generously, even if it involved self-sacrifice?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you experience the joy that comes with living generously.

NOTES

**BENEDICTION:** MAY THE GOD OF HOPE FILL YOU WITH ALL JOY AND PEACE AS YOU TRUST IN HIM, SO THAT YOU MAY OVERFLOW WITH HOPE BY THE POWER OF THE HOLY SPIRIT.

ROMANS 15:13

**TUESDAY**  
FEBRUARY 18

CALL TO WORSHIP:

*Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful, and so worship God acceptably with reverence and awe, for our "God is a consuming fire."* HEBREWS 12:28-29

PSALM OF THE DAY:

*Psalm 122*



SCRIPTURE READING:

**2 CORINTHIANS 8-9**

VERSES TO FOCUS ON:

**2 CORINTHIANS 8:8-9**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How did Jesus demonstrate generosity for us?
- Spend a few minutes talking with God through prayer about this passage. Ask Jesus to help you live with the same generosity that he has shown to you.

NOTES

**BENEDICTION:** MAY THE GOD OF HOPE FILL YOU WITH ALL JOY AND PEACE AS YOU TRUST IN HIM, SO THAT YOU MAY OVERFLOW WITH HOPE BY THE POWER OF THE HOLY SPIRIT.

ROMANS 15:13

**WEDNESDAY**  
FEBRUARY 19

CALL TO WORSHIP:

*Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful, and so worship God acceptably with reverence and awe, for our "God is a consuming fire."* HEBREWS 12:28-29

PSALM OF THE DAY:

*Psalm 123*



SCRIPTURE READING:

**2 CORINTHIANS 8-9**

VERSES TO FOCUS ON:

**2 CORINTHIANS 8:10-15**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How does this passage guide us in knowing how much to give?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you to live open-handedly, willingly giving whatever God calls you to give.

NOTES

**BENEDICTION:** MAY THE GOD OF HOPE FILL YOU WITH ALL JOY AND PEACE AS YOU TRUST IN HIM, SO THAT YOU MAY OVERFLOW WITH HOPE BY THE POWER OF THE HOLY SPIRIT.

ROMANS 15:13

**THURSDAY**  
FEBRUARY 20

CALL TO WORSHIP:

*Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful, and so worship God acceptably with reverence and awe, for our "God is a consuming fire."* HEBREWS 12:28-29

PSALM OF THE DAY:

*Psalms 124*



SCRIPTURE READING:

**2 CORINTHIANS 8-9**

VERSES TO FOCUS ON:

**2 CORINTHIANS 9:6-11**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How is wise financial management related to our ability to give generously? If you were to offer your budget and lifestyle to God for examination, is there anything God might want you to change so that you can live more freely and generously?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you discern anything that needs to change in your lifestyle and spending, in order to create margin to live in financial freedom and generosity.

NOTES

**BENEDICTION:** MAY THE GOD OF HOPE FILL YOU WITH ALL JOY AND PEACE AS YOU TRUST IN HIM, SO THAT YOU MAY OVERFLOW WITH HOPE BY THE POWER OF THE HOLY SPIRIT.

ROMANS 15:13

CALL TO WORSHIP:

*Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful, and so worship God acceptably with reverence and awe, for our "God is a consuming fire."* HEBREWS 12:28-29

PSALM OF THE DAY:

*Psalm 125*



SCRIPTURE READING:

**2 CORINTHIANS 8:8-12, 9:6-15**

VERSES TO FOCUS ON:

**2 CORINTHIANS 9:12-15**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What are the results of generosity? How is generosity a confession of the gospel of Christ?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you spread the gospel by sharing generously with everyone.

NOTES

**BENEDICTION:** MAY THE GOD OF HOPE FILL YOU WITH ALL JOY AND PEACE AS YOU TRUST IN HIM, SO THAT YOU MAY OVERFLOW WITH HOPE BY THE POWER OF THE HOLY SPIRIT.

ROMANS 15:13

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# Growth **GUIDE**

**MONDAY**  
FEBRUARY 24

CALL TO WORSHIP:

*The Lord is my strength and my defense; he has become my salvation. He is my God, and I will praise him, my father's God, and I will exalt him.* EXODUS 15:2

PSALM OF THE DAY:

*Psalm 126*



SCRIPTURE READING:  
**EPHESIANS 5:8-20**

VERSES TO FOCUS ON:  
**EPHESIANS 5:8-9**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- Think of your own life, and the difference that Jesus makes. What differences do you see between the darkness of your life before God and the light of your life with God?
- Spend a few minutes talking with God through prayer about this passage. Thank God for the transformation in your life, and ask God to help you share this story with others.

NOTES

**BENEDICTION:** FINALLY, BROTHERS AND SISTERS, WHATEVER IS TRUE, WHATEVER IS NOBLE, WHATEVER IS RIGHT, WHATEVER IS PURE, WHATEVER IS LOVELY, WHATEVER IS ADMIRABLE—IF ANYTHING IS EXCELLENT OR PRAISEWORTHY—THINK ABOUT SUCH THINGS. PHILIPPIANS 4:8

**TUESDAY**  
FEBRUARY 25

CALL TO WORSHIP:

*The Lord is my strength and my defense; he has become my salvation. He is my God, and I will praise him, my father's God, and I will exalt him.* EXODUS 15:2

PSALM OF THE DAY:

*Psalm 127*



SCRIPTURE READING:  
**EPHESIANS 5:8-20**

VERSES TO FOCUS ON:  
**EPHESIANS 5:10-11**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What opportunities has God given you to show others the blessings and benefits of living a life that pleases God (and, conversely, the fruitlessness of a life lived apart from God)?
- Spend a few minutes talking with God through prayer about this passage. Ask God for the boldness to expose the "fruitless deeds of darkness" and show people the light of Christ?

NOTES

**BENEDICTION:** FINALLY, BROTHERS AND SISTERS, WHATEVER IS TRUE, WHATEVER IS NOBLE, WHATEVER IS RIGHT, WHATEVER IS PURE, WHATEVER IS LOVELY, WHATEVER IS ADMIRABLE—IF ANYTHING IS EXCELLENT OR PRAISEWORTHY—THINK ABOUT SUCH THINGS. PHILIPPIANS 4:8

**WEDNESDAY**  
FEBRUARY 26

CALL TO WORSHIP:

*The Lord is my strength and my defense; he has become my salvation. He is my God, and I will praise him, my father's God, and I will exalt him.* EXODUS 15:2

PSALM OF THE DAY:

*Psalm 128*



SCRIPTURE READING:  
**EPHESIANS 5:8-20**

VERSES TO FOCUS ON:  
**EPHESIANS 5:12-14**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- Paul says that the light of Christ in us illuminates everything around, but not if we are sleeping through the opportunities God has placed before us. Are there any Kingdom opportunities for which God is wanting you to "wake up" and "rise"?
- Spend a few minutes talking with God through prayer about this passage. Ask God make you alert, watchful, and ready for opportunities to do his Kingdom work.

NOTES

**BENEDICTION:** FINALLY, BROTHERS AND SISTERS, WHATEVER IS TRUE, WHATEVER IS NOBLE, WHATEVER IS RIGHT, WHATEVER IS PURE, WHATEVER IS LOVELY, WHATEVER IS ADMIRABLE—IF ANYTHING IS EXCELLENT OR PRAISEWORTHY—THINK ABOUT SUCH THINGS. PHILIPPIANS 4:8

**THURSDAY**  
FEBRUARY 27

CALL TO WORSHIP:

*The Lord is my strength and my defense; he has become my salvation. He is my God, and I will praise him, my father's God, and I will exalt him.* EXODUS 15:2

PSALM OF THE DAY:

*Psalm 129*



SCRIPTURE READING:  
**EPHESIANS 5:8-20**

VERSES TO FOCUS ON:  
**EPHESIANS 5:15-18A**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What types of things might cause us to miss opportunities God has for us?
- Spend a few minutes talking with God through prayer about this passage. Ask God for wisdom to help you make the most of every opportunity.

NOTES

**BENEDICTION:** FINALLY, BROTHERS AND SISTERS, WHATEVER IS TRUE, WHATEVER IS NOBLE, WHATEVER IS RIGHT, WHATEVER IS PURE, WHATEVER IS LOVELY, WHATEVER IS ADMIRABLE—IF ANYTHING IS EXCELLENT OR PRAISEWORTHY—THINK ABOUT SUCH THINGS. PHILIPPIANS 4:8

# Growth **GUIDE**

**FRIDAY**  
FEBRUARY 28

CALL TO WORSHIP:

*The Lord is my strength and my defense; he has become my salvation. He is my God, and I will praise him, my father's God, and I will exalt him.* EXODUS 15:2

PSALM OF THE DAY:

*Psalm 130*



SCRIPTURE READING:  
**EPHESIANS 5:8-20**

VERSES TO FOCUS ON:  
**EPHESIANS 5:18B-20**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How could "giving thanks to God the Father for everything" help you to find ways to serve God at every opportunity?
- Spend a few minutes talking with God through prayer about this passage. Ask God to show you the ways he is working in your current situation, and to help you to join him in that.

NOTES

**BENEDICTION:** FINALLY, BROTHERS AND SISTERS, WHATEVER IS TRUE, WHATEVER IS NOBLE, WHATEVER IS RIGHT, WHATEVER IS PURE, WHATEVER IS LOVELY, WHATEVER IS ADMIRABLE—IF ANYTHING IS EXCELLENT OR PRAISEWORTHY—THINK ABOUT SUCH THINGS. PHILIPPIANS 4:8

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**MONDAY**  
MARCH 3

CALL TO WORSHIP:

*Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.* ROMANS 12:1

PSALM OF THE DAY:

*Psalms 131*



SCRIPTURE READING:  
**JOHN 20:1-31**

VERSES TO FOCUS ON:  
**JOHN 20:30-31**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- Between now and Easter, we will study seven miracles, or signs, in John's gospel that reveal who Jesus is. What is John's purpose? How do you hope to grow personally from this study?
- Spend a few minutes talking with God through prayer about this passage. Ask God to reveal more of Jesus to you during these weeks leading up to Easter.

NOTES

**BENEDICTION:** THEREFORE GOD EXALTED HIM TO THE HIGHEST PLACE AND GAVE HIM THE NAME THAT IS ABOVE EVERY NAME, THAT AT THE NAME OF JESUS EVERY KNEE SHOULD BOW IN HEAVEN AND ON EARTH AND UNDER THE EARTH, AND EVERY TONGUE ACKNOWLEDGE THAT JESUS CHRIST IS LORD, TO THE GLORY OF GOD THE FATHER. **PHILIPPIANS 2:9-11**

**TUESDAY**  
MARCH 4

CALL TO WORSHIP:

*Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.* ROMANS 12:1

PSALM OF THE DAY:

*Psalm 132*



SCRIPTURE READING:  
**JOHN 2:1-12**

VERSES TO FOCUS ON:  
**JOHN 2:1-3**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What does the setting of a wedding tell you about Jesus' ministry and priorities?
- Spend a few minutes talking with God through prayer about this passage. Just as Mary brought the problem to Jesus, take time to bring your problems to Jesus now. Ask him to help you trust in his wisdom, power, and resources to work for good in every situation.

NOTES

**BENEDICTION:** THEREFORE GOD EXALTED HIM TO THE HIGHEST PLACE AND GAVE HIM THE NAME THAT IS ABOVE EVERY NAME, THAT AT THE NAME OF JESUS EVERY KNEE SHOULD BOW IN HEAVEN AND ON EARTH AND UNDER THE EARTH, AND EVERY TONGUE ACKNOWLEDGE THAT JESUS CHRIST IS LORD, TO THE GLORY OF GOD THE FATHER. **PHILIPPIANS 2:9-11**

**WEDNESDAY**  
MARCH 5

CALL TO WORSHIP:

*Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.* ROMANS 12:1

PSALM OF THE DAY:

*Psalm 133*



SCRIPTURE READING:  
**JOHN 2:1-12**

VERSES TO FOCUS ON:  
**JOHN 2:4-5**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How does Mary's interaction with Jesus demonstrate faith? What significance do you see in Mary's words, "Do whatever he tells you"?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you to trust and obey in the same way that Mary and Jesus' disciples did.

NOTES

**BENEDICTION:** THEREFORE GOD EXALTED HIM TO THE HIGHEST PLACE AND GAVE HIM THE NAME THAT IS ABOVE EVERY NAME, THAT AT THE NAME OF JESUS EVERY KNEE SHOULD BOW IN HEAVEN AND ON EARTH AND UNDER THE EARTH, AND EVERY TONGUE ACKNOWLEDGE THAT JESUS CHRIST IS LORD, TO THE GLORY OF GOD THE FATHER. **PHILIPPIANS 2:9-11**

**THURSDAY**  
MARCH 6

CALL TO WORSHIP:

*Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.* ROMANS 12:1

PSALM OF THE DAY:

*Psalm 134*



SCRIPTURE READING:  
**JOHN 2:1-12**

VERSES TO FOCUS ON:  
**JOHN 2:6-9A**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What do these verses reveal about the way Jesus transforms ordinary things? Have you experienced Jesus transforming something ordinary in your life?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you trust what he is doing (like the servants who carried the water to the banquet master), even when you cannot yet see the results.

NOTES

**BENEDICTION:** THEREFORE GOD EXALTED HIM TO THE HIGHEST PLACE AND GAVE HIM THE NAME THAT IS ABOVE EVERY NAME, THAT AT THE NAME OF JESUS EVERY KNEE SHOULD BOW IN HEAVEN AND ON EARTH AND UNDER THE EARTH, AND EVERY TONGUE ACKNOWLEDGE THAT JESUS CHRIST IS LORD, TO THE GLORY OF GOD THE FATHER. **PHILIPPIANS 2:9-11**

**FRIDAY**  
MARCH 7

CALL TO WORSHIP:

*Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.* ROMANS 12:1

PSALM OF THE DAY:

*Psalm 135*



SCRIPTURE READING:  
**JOHN 2:1-12**

VERSES TO FOCUS ON:  
**JOHN 2:9B-10**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What does the quality of the wine symbolize about Jesus' provision? How does this sign reveal Jesus' glory?
- Spend a few minutes talking with God through prayer about this passage. Take time to reflect on Jesus' provision in your own life, and ask God to let this awareness of his generous provision deepen your faith.

NOTES

**BENEDICTION:** THEREFORE GOD EXALTED HIM TO THE HIGHEST PLACE AND GAVE HIM THE NAME THAT IS ABOVE EVERY NAME, THAT AT THE NAME OF JESUS EVERY KNEE SHOULD BOW IN HEAVEN AND ON EARTH AND UNDER THE EARTH, AND EVERY TONGUE ACKNOWLEDGE THAT JESUS CHRIST IS LORD, TO THE GLORY OF GOD THE FATHER. **PHILIPPIANS 2:9-11**

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# Growth **GUIDE**

**MONDAY**  
MARCH 10

CALL TO WORSHIP:

*Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts.* COLOSSIANS 3:16

PSALM OF THE DAY:

*Psalm 136*



SCRIPTURE READING:  
**JOHN 4:46-54**

VERSES TO FOCUS ON:  
**JOHN 4:46-47**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How does desperation sometimes lead us to seek Jesus in faith? What situations have brought you to seek Jesus earnestly?
- Spend a few minutes talking with God through prayer about this passage. Think of someone you know (or know of) who is facing a seemingly desperate situation. Ask God to work in this situation not only in their favor but also to grow their faith.

NOTES

**BENEDICTION:** MAY GOD HIMSELF, THE GOD OF PEACE, SANCTIFY YOU THROUGH AND THROUGH. MAY YOUR WHOLE SPIRIT, SOUL AND BODY BE KEPT BLAMELESS AT THE COMING OF OUR LORD JESUS CHRIST. THE ONE WHO CALLS YOU IS FAITHFUL, AND HE WILL DO IT. 1 THESSALONIANS 5:23-24

**TUESDAY**  
MARCH 11

CALL TO WORSHIP:

*Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts.* COLOSSIANS 3:16

PSALM OF THE DAY:

*Psalm 137*



SCRIPTURE READING:  
**JOHN 4:46-54**

VERSES TO FOCUS ON:  
**JOHN 4:48-50**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How does Jesus' response test the official's faith? What does the official's reply reveal about his belief?
- Spend a few minutes talking with God through prayer about this passage. Ask Jesus to help you take him at his word and trust him.

NOTES

**BENEDICTION:** MAY GOD HIMSELF, THE GOD OF PEACE, SANCTIFY YOU THROUGH AND THROUGH. MAY YOUR WHOLE SPIRIT, SOUL AND BODY BE KEPT BLAMELESS AT THE COMING OF OUR LORD JESUS CHRIST. THE ONE WHO CALLS YOU IS FAITHFUL, AND HE WILL DO IT. 1 THESSALONIANS 5:23-24

**WEDNESDAY**  
MARCH 12

CALL TO WORSHIP:

*Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts.* COLOSSIANS 3:16

PSALM OF THE DAY:

*Psalm 138*



SCRIPTURE READING:  
**JOHN 4:46-54**

VERSES TO FOCUS ON:  
**JOHN 4:51-53**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How does the healing of the official's son confirm Jesus' power?
- Spend a few minutes talking with God through prayer about this passage. Ask God to use your faith to influence your family and community.

NOTES

**BENEDICTION:** MAY GOD HIMSELF, THE GOD OF PEACE, SANCTIFY YOU THROUGH AND THROUGH. MAY YOUR WHOLE SPIRIT, SOUL AND BODY BE KEPT BLAMELESS AT THE COMING OF OUR LORD JESUS CHRIST. THE ONE WHO CALLS YOU IS FAITHFUL, AND HE WILL DO IT. 1 THESSALONIANS 5:23-24

**THURSDAY**  
MARCH 13

CALL TO WORSHIP:

*Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts.* COLOSSIANS 3:16

PSALM OF THE DAY:

*Psalm 139*



SCRIPTURE READING:  
**JOHN 4:46-54**

VERSES TO FOCUS ON:  
**JOHN 4:54**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How does this second sign build on the first one? What do you learn about Jesus' power and purpose?
- Spend a few minutes talking with God through prayer about this passage. Pray for someone you know who needs Jesus' healing power.

NOTES

**BENEDICTION:** MAY GOD HIMSELF, THE GOD OF PEACE, SANCTIFY YOU THROUGH AND THROUGH. MAY YOUR WHOLE SPIRIT, SOUL AND BODY BE KEPT BLAMELESS AT THE COMING OF OUR LORD JESUS CHRIST. THE ONE WHO CALLS YOU IS FAITHFUL, AND HE WILL DO IT. 1 THESSALONIANS 5:23-24

# Growth **GUIDE**

**FRIDAY**  
MARCH 14

CALL TO WORSHIP:

*Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts.* COLOSSIANS 3:16

PSALM OF THE DAY:

*Psalm 140*



SCRIPTURE READING:  
**JOHN 4:46-54**

VERSES TO FOCUS ON:  
**JOHN 4:46-54**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How has Jesus worked in ways that increased your faith?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help deepen your faith and trust in Jesus' authority.

NOTES

**BENEDICTION:** MAY GOD HIMSELF, THE GOD OF PEACE, SANCTIFY YOU THROUGH AND THROUGH. MAY YOUR WHOLE SPIRIT, SOUL AND BODY BE KEPT BLAMELESS AT THE COMING OF OUR LORD JESUS CHRIST. THE ONE WHO CALLS YOU IS FAITHFUL, AND HE WILL DO IT. 1 THESSALONIANS 5:23-24

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# Growth **GUIDE**

**MONDAY**  
MARCH 17

CALL TO WORSHIP:

*Through Jesus, therefore, let us continually offer to God a sacrifice of praise—the fruit of lips that openly profess his name.* HEBREWS 13:15

PSALM OF THE DAY:

*Psalm 141*



SCRIPTURE READING:  
**JOHN 5:1-15**

VERSES TO FOCUS ON:  
**JOHN 5:1-5**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- This man had been waiting for healing for thirty-eight years. Are there any areas of your life that feel "stuck" and in need of Jesus' intervention?
- Spend a few minutes talking with God through prayer about this passage. Consider your willingness to open your life to Jesus' transforming work. Ask God to prepare you for the work he wants to do in you.

NOTES

**BENEDICTION:** NOW MAY THE LORD OF PEACE HIMSELF GIVE YOU PEACE AT ALL TIMES AND IN EVERY WAY. THE LORD BE WITH ALL OF YOU. **2 THESSALONIANS 3:16**

**TUESDAY**  
MARCH 18

CALL TO WORSHIP:

*Through Jesus, therefore, let us continually offer to God a sacrifice of praise—the fruit of lips that openly profess his name.* HEBREWS 13:15

PSALM OF THE DAY:

*Psalm 142*



SCRIPTURE READING:  
**JOHN 5:1-15**

VERSES TO FOCUS ON:  
**JOHN 5:6-7**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- Why does Jesus ask the man if he wants to be healed? How does the man's response reflect both hope and limitation?
- Spend a few minutes talking with God through prayer about this passage. Share with God any limitations you are experiencing right now, and release them to God. Ask his help to overcome them.

NOTES

**BENEDICTION:** NOW MAY THE LORD OF PEACE HIMSELF GIVE YOU PEACE AT ALL TIMES AND IN EVERY WAY. THE LORD BE WITH ALL OF YOU. **2 THESSALONIANS 3:16**

**WEDNESDAY**  
MARCH 19

CALL TO WORSHIP:

*Through Jesus, therefore, let us continually offer to God a sacrifice of praise—the fruit of lips that openly profess his name.* HEBREWS 13:15

PSALM OF THE DAY:

*Psalm 143*



SCRIPTURE READING:  
**JOHN 5:1-15**

VERSES TO FOCUS ON:  
**JOHN 5:8-9A**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What does this miracle teach you about Jesus' compassion and authority?
- Spend a few minutes talking with God through prayer about this passage. Think about a time when Jesus has offered you hope in a seemingly impossible situation. Ask God for opportunities today to share the hope you have in Jesus.

NOTES

**BENEDICTION:** NOW MAY THE LORD OF PEACE HIMSELF GIVE YOU PEACE AT ALL TIMES AND IN EVERY WAY. THE LORD BE WITH ALL OF YOU. **2 THESSALONIANS 3:16**

**THURSDAY**  
MARCH 20

CALL TO WORSHIP:

*Through Jesus, therefore, let us continually offer to God a sacrifice of praise—the fruit of lips that openly profess his name.* HEBREWS 13:15

PSALM OF THE DAY:

*Psalm 144*



SCRIPTURE READING:  
**JOHN 5:1-15**

VERSES TO FOCUS ON:  
**JOHN 5:9B-13**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- Why do the religious leaders focus on the Sabbath rather than the miracle? What does this reveal about misplaced priorities?
- Spend a few minutes talking with God through prayer about this passage. Celebrate ways you have seen God working recently. Ask God to help you not miss the significance of what he is doing.

NOTES

**BENEDICTION:** NOW MAY THE LORD OF PEACE HIMSELF GIVE YOU PEACE AT ALL TIMES AND IN EVERY WAY. THE LORD BE WITH ALL OF YOU. **2 THESSALONIANS 3:16**

**FRIDAY**  
MARCH 21

CALL TO WORSHIP:

*Through Jesus, therefore, let us continually offer to God a sacrifice of praise—the fruit of lips that openly profess his name.* HEBREWS 13:15

PSALM OF THE DAY:

*Psalm 145*



SCRIPTURE READING:  
**JOHN 5:1-15**

VERSES TO FOCUS ON:  
**JOHN 5:14-15**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- Jesus addressed both physical and spiritual needs. How can you respond to Jesus' call to "stop sinning"?
- Spend a few minutes talking with God through prayer about this passage. Ask the Holy Spirit to reveal any sinful attitudes or actions, and to help you change.

NOTES

**BENEDICTION:** NOW MAY THE LORD OF PEACE HIMSELF GIVE YOU PEACE AT ALL TIMES AND IN EVERY WAY. THE LORD BE WITH ALL OF YOU. **2 THESSALONIANS 3:16**

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**MONDAY**  
MARCH 24

CALL TO WORSHIP:

*Yet a time is coming and has now come when the true worshipers will worship the Father in the Spirit and in truth, for they are the kind of worshipers the Father seeks.* JOHN 4:23

PSALM OF THE DAY:

*Psalm 146*



SCRIPTURE READING:  
**JOHN 6:1-15**

VERSES TO FOCUS ON:  
**JOHN 6:1-4**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- Why do you think the crowds followed Jesus? What motivates you to seek Jesus?
- Spend a few minutes talking with God through prayer about this passage. Talk to Jesus about your need and desire to seek him.

NOTES

**BENEDICTION:** NOW TO THE KING ETERNAL, IMMORTAL, INVISIBLE, THE ONLY GOD, BE HONOR AND GLORY FOR EVER AND EVER. AMEN. 1 TIMOTHY 1:17

**TUESDAY**  
MARCH 25

CALL TO WORSHIP:

*Yet a time is coming and has now come when the true worshipers will worship the Father in the Spirit and in truth, for they are the kind of worshipers the Father seeks.* JOHN 4:23

PSALM OF THE DAY:

*Psalm 147*



SCRIPTURE READING:  
**JOHN 6:1-15**

VERSES TO FOCUS ON:  
**JOHN 6:5-9**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What does this conversation reveal about faith and resources?
- Spend a few minutes talking with God through prayer about this passage. Offer whatever resources you have to Jesus, even if it feels small.

NOTES

**BENEDICTION:** NOW TO THE KING ETERNAL, IMMORTAL, INVISIBLE, THE ONLY GOD, BE HONOR AND GLORY FOR EVER AND EVER. AMEN. **1 TIMOTHY 1:17**

**WEDNESDAY**  
MARCH 26

CALL TO WORSHIP:

*Yet a time is coming and has now come when the true worshipers will worship the Father in the Spirit and in truth, for they are the kind of worshipers the Father seeks.* JOHN 4:23

PSALM OF THE DAY:

*Psalm 148*



SCRIPTURE READING:  
**JOHN 6:1-15**

VERSES TO FOCUS ON:  
**JOHN 6:10-11**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How does Jesus' giving thanks before the miracle encourage your gratitude? How can gratitude impact your perspective on God's provision?
- Spend a few minutes talking with God through prayer about this passage. Give God thanks for the many blessings he has given to you and those you love.

NOTES

**BENEDICTION:** NOW TO THE KING ETERNAL, IMMORTAL, INVISIBLE, THE ONLY GOD, BE HONOR AND GLORY FOR EVER AND EVER. AMEN. **1 TIMOTHY 1:17**

**THURSDAY**  
MARCH 27

CALL TO WORSHIP:

*Yet a time is coming and has now come when the true worshipers will worship the Father in the Spirit and in truth, for they are the kind of worshipers the Father seeks.* JOHN 4:23

PSALM OF THE DAY:

*Psalm 149*



SCRIPTURE READING:  
**JOHN 6:1-15**

VERSES TO FOCUS ON:  
**JOHN 6:12-13**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What do Jesus' instructions about the leftovers teach us about God's abundance and stewardship?
- Spend a few minutes talking with God through prayer about this passage. Ask God for wisdom to faithfully steward the blessings God has given you.

NOTES

**BENEDICTION:** NOW TO THE KING ETERNAL, IMMORTAL, INVISIBLE, THE ONLY GOD, BE HONOR AND GLORY FOR EVER AND EVER. AMEN. **1 TIMOTHY 1:17**

**FRIDAY**  
MARCH 28

CALL TO WORSHIP:

*Yet a time is coming and has now come when the true worshipers will worship the Father in the Spirit and in truth, for they are the kind of worshipers the Father seeks.* JOHN 4:23

PSALM OF THE DAY:

*Psalm 150*



SCRIPTURE READING:  
**JOHN 6:1-15**

VERSES TO FOCUS ON:  
**JOHN 6:14-15**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How has Jesus provided for you in surprising ways?
- Spend a few minutes talking with God through prayer about this passage. Entrust your needs to him. Ask him to help you see opportunities to care for others in the same generous way that he cares for you.

NOTES

**BENEDICTION:** NOW TO THE KING ETERNAL, IMMORTAL, INVISIBLE, THE ONLY GOD, BE HONOR AND GLORY FOR EVER AND EVER. AMEN. **1 TIMOTHY 1:17**

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# Growth **GUIDE**

**MONDAY**  
MARCH 31

CALL TO WORSHIP:

*Shout for joy to the Lord, all the earth. Worship the Lord with gladness; come before him with joyful songs.*

PSALM 100:1-2

PSALM OF THE DAY:

*Psalm 1*



SCRIPTURE READING:  
**JOHN 9:1-41**

VERSES TO FOCUS ON:  
**JOHN 9:1-7**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What does the disciples' question reveal about their understanding of sin and suffering? How does Jesus' response shift the focus to God's glory?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you see and trust his purposes in the midst of your challenges.

NOTES

**BENEDICTION:** FOR FROM HIM AND THROUGH HIM AND FOR HIM ARE ALL THINGS. TO HIM BE THE GLORY FOREVER! AMEN. **ROMANS 11:36**

**TUESDAY**  
APRIL 1

CALL TO WORSHIP:

*Shout for joy to the Lord, all the earth. Worship the Lord with gladness; come before him with joyful songs.*

PSALM 100:1-2

PSALM OF THE DAY:

*Psalm 2*



SCRIPTURE READING:  
**JOHN 9:1-41**

VERSES TO FOCUS ON:  
**JOHN 9:8-12**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What does the man's testimony reveal about his experience?
- Spend a few minutes talking with God through prayer about this passage. Ask God to give you opportunities and boldness to share your testimony of Jesus' work in your life.

NOTES

**BENEDICTION:** FOR FROM HIM AND THROUGH HIM AND FOR HIM ARE ALL THINGS. TO HIM BE THE GLORY FOREVER! AMEN. **ROMANS 11:36**

CALL TO WORSHIP:

*Shout for joy to the Lord, all the earth. Worship the Lord with gladness; come before him with joyful songs.*

PSALM 100:1-2

PSALM OF THE DAY:

*Psalm 3*



SCRIPTURE READING:

**JOHN 9:1-41**

VERSES TO FOCUS ON:

**JOHN 9:13-17**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- In light of the Pharisees' resistance to Jesus, what does the man's boldness in speaking the truth teach us about faith?
- Spend a few minutes talking with God through prayer about this passage. Ask God to give you the courage and boldness to stand firm in your faith when facing opposition.

NOTES

**BENEDICTION:** FOR FROM HIM AND THROUGH HIM AND FOR HIM ARE ALL THINGS. TO HIM BE THE GLORY FOREVER! AMEN. **ROMANS 11:36**

**THURSDAY**  
APRIL 3

CALL TO WORSHIP:

*Shout for joy to the Lord, all the earth. Worship the Lord with gladness; come before him with joyful songs.*

PSALM 100:1-2

PSALM OF THE DAY:

*Psalm 4*



SCRIPTURE READING:  
**JOHN 9:1-41**

VERSES TO FOCUS ON:  
**JOHN 9:18-23**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How does fear sometimes hinder people from fully following Jesus? How can you overcome fear in proclaiming your faith?
- Spend a few minutes talking with God through prayer about this passage. Use Psalm 56:3 as a prayer, and pray it as often as you remember throughout your day.

NOTES

**BENEDICTION:** FOR FROM HIM AND THROUGH HIM AND FOR HIM ARE ALL THINGS. TO HIM BE THE GLORY FOREVER! AMEN. **ROMANS 11:36**

**FRIDAY**  
APRIL 4

CALL TO WORSHIP:

*Shout for joy to the Lord, all the earth. Worship the Lord with gladness; come before him with joyful songs.*

PSALM 100:1-2

PSALM OF THE DAY:

*Psalm 5*



SCRIPTURE READING:  
**JOHN 9:1-41**

VERSES TO FOCUS ON:  
**JOHN 9:24-41**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How does the man's understanding of Jesus deepen throughout this passage? How has your relationship with Jesus grown deeper over time?
- Spend a few minutes talking with God through prayer about this passage. Ask Jesus to reveal himself to you more and more.

NOTES

**BENEDICTION:** FOR FROM HIM AND THROUGH HIM AND FOR HIM ARE ALL THINGS. TO HIM BE THE GLORY FOREVER! AMEN. **ROMANS 11:36**

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**MONDAY**  
APRIL 7

CALL TO WORSHIP:

*Know that the Lord is God. It is he who made us, and we are his; we are his people, the sheep of his pasture.*

PSALM 100:3

PSALM OF THE DAY:

*Psalm 6*



SCRIPTURE READING:  
**JOHN 2:13-22**

VERSES TO FOCUS ON:  
**JOHN 2:13**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- If anyone could "claim an exemption" from the need to gather for worship and religious celebrations with others, it would be Jesus. But Jesus went to Jerusalem to celebrate the Passover. What does Jesus' prioritization of corporate worship teach us about its importance in our own lives?
- Spend a few minutes talking with God through prayer about this passage. Thank God for the privilege of worshiping with your church family. Ask God to help you value it and appropriately prioritize it in your own life.

NOTES

**BENEDICTION:** MAY THE LORD MAKE YOUR LOVE INCREASE AND OVERFLOW FOR EACH OTHER AND FOR EVERYONE ELSE, JUST AS OURS DOES FOR YOU. 13 MAY HE STRENGTHEN YOUR HEARTS SO THAT YOU WILL BE BLAMELESS AND HOLY IN THE PRESENCE OF OUR GOD AND FATHER WHEN OUR LORD JESUS COMES WITH ALL HIS HOLY ONES. **1 THESSALONIANS 3:12-13**

**TUESDAY**  
APRIL 8

CALL TO WORSHIP:

*Know that the Lord is God. It is he who made us, and we are his; we are his people, the sheep of his pasture.*

PSALM 100:3

PSALM OF THE DAY:

*Psalm 7*



SCRIPTURE READING:  
**JOHN 2:13-22**

VERSES TO FOCUS ON:  
**JOHN 2:14-16**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What does Jesus' reaction to the temple marketplace reveal about his priorities? How does this passage challenge the way you view worship?
- Spend a few minutes talking with God through prayer about this passage. Ask Jesus to reveal and clear out any "distractions" from your spiritual life.

NOTES

**BENEDICTION:** MAY THE LORD MAKE YOUR LOVE INCREASE AND OVERFLOW FOR EACH OTHER AND FOR EVERYONE ELSE, JUST AS OURS DOES FOR YOU. 13 MAY HE STRENGTHEN YOUR HEARTS SO THAT YOU WILL BE BLAMELESS AND HOLY IN THE PRESENCE OF OUR GOD AND FATHER WHEN OUR LORD JESUS COMES WITH ALL HIS HOLY ONES. **1 THESSALONIANS 3:12-13**

**WEDNESDAY**  
APRIL 9

CALL TO WORSHIP:

*Know that the Lord is God. It is he who made us, and we are his; we are his people, the sheep of his pasture.*

PSALM 100:3

PSALM OF THE DAY:

*Psalm 8*



SCRIPTURE READING:  
**JOHN 2:13-22**

VERSES TO FOCUS ON:  
**JOHN 2:17**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How does the disciples' knowledge and understanding of Scripture lead to a deeper understanding of who Jesus is and what he is doing? How can you cultivate a deeper practice of reflecting on and memorizing God's Word?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you to understand and internalize God's Word.

NOTES

**BENEDICTION:** MAY THE LORD MAKE YOUR LOVE INCREASE AND OVERFLOW FOR EACH OTHER AND FOR EVERYONE ELSE, JUST AS OURS DOES FOR YOU. 13 MAY HE STRENGTHEN YOUR HEARTS SO THAT YOU WILL BE BLAMELESS AND HOLY IN THE PRESENCE OF OUR GOD AND FATHER WHEN OUR LORD JESUS COMES WITH ALL HIS HOLY ONES. **1 THESSALONIANS 3:12-13**

**THURSDAY**  
APRIL 10

CALL TO WORSHIP:

*Know that the Lord is God. It is he who made us, and we are his; we are his people, the sheep of his pasture.*

PSALM 100:3

PSALM OF THE DAY:

*Psalm 9*



SCRIPTURE READING:  
**JOHN 2:13-22**

VERSES TO FOCUS ON:  
**JOHN 2:18-19**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How does Jesus' response about the temple's destruction and raising point to his death and resurrection? How does this passage deepen your understanding of Jesus' mission?
- Spend a few minutes talking with God through prayer about this passage. Thank him for loving you so much that he was willing to give his life for you.

NOTES

**BENEDICTION:** MAY THE LORD MAKE YOUR LOVE INCREASE AND OVERFLOW FOR EACH OTHER AND FOR EVERYONE ELSE, JUST AS OURS DOES FOR YOU. 13 MAY HE STRENGTHEN YOUR HEARTS SO THAT YOU WILL BE BLAMELESS AND HOLY IN THE PRESENCE OF OUR GOD AND FATHER WHEN OUR LORD JESUS COMES WITH ALL HIS HOLY ONES. **1 THESSALONIANS 3:12-13**

**FRIDAY**  
APRIL 11

CALL TO WORSHIP:

*Know that the Lord is God. It is he who made us, and we are his; we are his people, the sheep of his pasture.*

PSALM 100:3

PSALM OF THE DAY:

*Psalm 10*



SCRIPTURE READING:  
**JOHN 2:13-22**

VERSES TO FOCUS ON:  
**JOHN 2:20-22**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How do the disciples' later understanding of Jesus' words encourage you to trust him? What role does reflection play in deepening your faith?
- Spend a few minutes talking with God through prayer about this passage. Ask God to deepen and mature your belief and experience of him through regularly engaging, reflecting on, and remembering Jesus' words, character, and actions as seen in Scripture.

NOTES

**BENEDICTION:** MAY THE LORD MAKE YOUR LOVE INCREASE AND OVERFLOW FOR EACH OTHER AND FOR EVERYONE ELSE, JUST AS OURS DOES FOR YOU. 13 MAY HE STRENGTHEN YOUR HEARTS SO THAT YOU WILL BE BLAMELESS AND HOLY IN THE PRESENCE OF OUR GOD AND FATHER WHEN OUR LORD JESUS COMES WITH ALL HIS HOLY ONES. **1 THESSALONIANS 3:12-13**

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**MONDAY**  
APRIL 14

CALL TO WORSHIP:

*But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed.*

ISAIAH 53:5

PSALM OF THE DAY:

*Psalm 11*



SCRIPTURE READING:  
**JOHN 11:1-44**

VERSES TO FOCUS ON:  
**JOHN 11:25**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What does it mean for Jesus to say, "I am the resurrection and the life"? How does this truth shape your understanding of eternal life?
- Spend a few minutes talking with God through prayer about this passage. Just as Jesus' words challenged Martha to place her full trust in him, listen to the Spirit for any ways that Jesus might be challenging your faith today.

NOTES

**BENEDICTION:** PRAISE BE TO THE GOD AND FATHER OF OUR LORD JESUS CHRIST, WHO HAS BLESSED US IN THE HEAVENLY REALMS WITH EVERY SPIRITUAL BLESSING IN CHRIST.

EPHESIANS 1:3

**TUESDAY**  
APRIL 15

CALL TO WORSHIP:

*But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed.*

ISAIAH 53:5

PSALM OF THE DAY:

*Psalm 12*



SCRIPTURE READING:  
**JOHN 13**

VERSES TO FOCUS ON:  
**JOHN 13:34-35**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- Two days from now will be "Maundy Thursday," from the Latin "mandatum," which refers to this mandate Jesus gave his disciples. Why do you think this was Jesus' focus during his last peaceful moments with his disciples?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help your defining characteristic to be Jesus' love for you and for others.

NOTES

**BENEDICTION:** PRAISE BE TO THE GOD AND FATHER OF OUR LORD JESUS CHRIST, WHO HAS BLESSED US IN THE HEAVENLY REALMS WITH EVERY SPIRITUAL BLESSING IN CHRIST.

EPHESIANS 1:3

**WEDNESDAY**  
APRIL 16

CALL TO WORSHIP:

*But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed.*

ISAIAH 53:5

PSALM OF THE DAY:

*Psalm 13*



SCRIPTURE READING:  
**JOHN 17**

VERSES TO FOCUS ON:  
**JOHN 17:1-5**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- According to Jesus' prayer, what is the key to experiencing the full, abundant, eternal life that Jesus offers?
- Spend a few minutes talking with God through prayer about this passage. Pray that you might not just know about Jesus, but truly know Jesus deeply and personally.

NOTES

**BENEDICTION:** PRAISE BE TO THE GOD AND FATHER OF OUR LORD JESUS CHRIST, WHO HAS BLESSED US IN THE HEAVENLY REALMS WITH EVERY SPIRITUAL BLESSING IN CHRIST.  
EPHESIANS 1:3

**THURSDAY**  
APRIL 17

CALL TO WORSHIP:

*But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed.*

ISAIAH 53:5

PSALM OF THE DAY:

*Psalm 14*



SCRIPTURE READING:  
**JOHN 18**

VERSES TO FOCUS ON:  
**JOHN 18:25-27**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- As you reflect on Peter's denial of Jesus, is there any way that your words or actions are denying the lordship of Jesus in your life?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you overcome any shame or fear and to boldly and confidently acknowledge him to those he has placed in your life who may not yet know Jesus personally.

NOTES

**BENEDICTION:** PRAISE BE TO THE GOD AND FATHER OF OUR LORD JESUS CHRIST, WHO HAS BLESSED US IN THE HEAVENLY REALMS WITH EVERY SPIRITUAL BLESSING IN CHRIST.

EPHESIANS 1:3

**FRIDAY**  
APRIL 18

CALL TO WORSHIP:

*But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed.*

ISAIAH 53:5

PSALM OF THE DAY:

*Psalm 15*



SCRIPTURE READING:  
**JOHN 19**

VERSES TO FOCUS ON:  
**JOHN 19:30**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- In your own words, what did Jesus "finish" (accomplish) through his death on the cross?
- Spend a few minutes talking with God through prayer about this passage. Thank Jesus for dying for your sins and the sins of the world.

NOTES

**BENEDICTION:** PRAISE BE TO THE GOD AND FATHER OF OUR LORD JESUS CHRIST, WHO HAS BLESSED US IN THE HEAVENLY REALMS WITH EVERY SPIRITUAL BLESSING IN CHRIST.  
EPHESIANS 1:3

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**MONDAY**  
APRIL 21

CALL TO WORSHIP:

*Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God.* COLOSSIANS 3:1

PSALM OF THE DAY:

*Psalm 16*



SCRIPTURE READING:

**EPHESIANS 5:21-33**

VERSES TO FOCUS ON:

**EPHESIANS 5:21**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What does mutual submission look like in your daily relationships? How can submitting to others demonstrate your reverence for Christ?
- Spend a few minutes talking with God through prayer about this passage. Confess any areas where pride is preventing you from honoring Christ or others. Ask God to help you cultivate a heart of humility and service, seeking to honor him through your relationships.

NOTES

**BENEDICTION:** OUT OF HIS FULLNESS WE HAVE ALL RECEIVED GRACE IN PLACE OF GRACE ALREADY GIVEN. JOHN 1:16

**TUESDAY**  
APRIL 22

CALL TO WORSHIP:

*Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God.* COLOSSIANS 3:1

PSALM OF THE DAY:

*Psalm 17*



SCRIPTURE READING:

**EPHESIANS 5:21-33**

VERSES TO FOCUS ON:

**EPHESIANS 5:22-24**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How does submission as described here differ from societal views of submission? What does respecting your spouse or others look like in practice?
- Spend a few minutes talking with God through prayer about this passage. Pray for the wisdom to understand God's design for respect and honor in relationships and for grace to live it out daily.

NOTES

**BENEDICTION:** OUT OF HIS FULLNESS WE HAVE ALL RECEIVED GRACE IN PLACE OF GRACE ALREADY GIVEN. JOHN 1:16

**WEDNESDAY**  
APRIL 23

CALL TO WORSHIP:

*Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God.* COLOSSIANS 3:1

PSALM OF THE DAY:

*Psalm 18:1-24*



SCRIPTURE READING:  
**EPHESIANS 5:21-33**

VERSES TO FOCUS ON:  
**EPHESIANS 5:25-27**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How does Christ's love for the church serve as a model for your relationships?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you demonstrate Christ-like, sacrificial love through your daily actions, in big ways and in small ways.

NOTES

**BENEDICTION:** OUT OF HIS FULLNESS WE HAVE ALL RECEIVED GRACE IN PLACE OF GRACE ALREADY GIVEN. JOHN 1:16

**THURSDAY**  
APRIL 24

CALL TO WORSHIP:

*Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God.* COLOSSIANS 3:1

PSALM OF THE DAY:

*Psalms 18:25-50*



SCRIPTURE READING:

**EPHESIANS 5:21-33**

VERSES TO FOCUS ON:

**EPHESIANS 5:28-30**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- These verses are based on an assumption that Christians are feeding and caring for their bodies, which we learned recently are temples of the Holy Spirit (1 Cor 6:19-20). In what ways can you better care for and steward your body and health?
- Spend a few minutes talking with God through prayer about this passage. Ask God to reveal any health habits that you need to change in order to better honor and care for your body as a temple of God's Spirit.

NOTES

**BENEDICTION:** OUT OF HIS FULLNESS WE HAVE ALL RECEIVED GRACE IN PLACE OF GRACE ALREADY GIVEN. JOHN 1:16

**FRIDAY**  
APRIL 25

CALL TO WORSHIP:

*Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God.* COLOSSIANS 3:1

PSALM OF THE DAY:

*Psalm 19*



SCRIPTURE READING:  
**EPHESIANS 5:21-33**

VERSES TO FOCUS ON:  
**EPHESIANS 5:31-33**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- In what ways can you view your marriage or relationships as a witness to God's love?
- Spend a few minutes talking with God through prayer about this passage. Pray for unity in your marriage and other relationships, asking God to deepen your commitment to love and grow together.

NOTES

**BENEDICTION:** OUT OF HIS FULLNESS WE HAVE ALL RECEIVED GRACE IN PLACE OF GRACE ALREADY GIVEN. JOHN 1:16

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**MONDAY**  
APRIL 28

CALL TO WORSHIP:

*See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!* 1 JOHN 3:1A

PSALM OF THE DAY:

*Psalms 20*



SCRIPTURE READING:  
**EPHESIANS 6:1-9**

VERSES TO FOCUS ON:  
**EPHESIANS 6:1-3**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What does it mean to "honor" your father and mother in different seasons of life? In what ways does honoring your parents or others in authority reflect your obedience to God?
- Spend a few minutes talking with God through prayer about this passage. Pray for a heart that honors and respects those in authority, starting with your family relationships.

NOTES

**BENEDICTION:** AND GOD IS ABLE TO BLESS YOU ABUNDANTLY, SO THAT IN ALL THINGS AT ALL TIMES, HAVING ALL THAT YOU NEED, YOU WILL ABOUND IN EVERY GOOD WORK. 2 CORINTHIANS 9:8

**TUESDAY**  
APRIL 29

CALL TO WORSHIP:

*See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!* 1 JOHN 3:1A

PSALM OF THE DAY:

*Psalm 21*



SCRIPTURE READING:  
**EPHESIANS 6:1-9**

VERSES TO FOCUS ON:  
**EPHESIANS 6:4**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How can parents balance discipline and encouragement? In what ways can you invest in the spiritual growth of children in your life and in the church?
- Spend a few minutes talking with God through prayer about this passage. Pray for wisdom and grace to nurture and guide children with love, patience, and a focus on God's Word.

NOTES

**BENEDICTION:** AND GOD IS ABLE TO BLESS YOU ABUNDANTLY, SO THAT IN ALL THINGS AT ALL TIMES, HAVING ALL THAT YOU NEED, YOU WILL ABOUND IN EVERY GOOD WORK. 2 CORINTHIANS 9:8

**WEDNESDAY**  
APRIL 30

CALL TO WORSHIP:

*See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!* 1 JOHN 3:1A

PSALM OF THE DAY:

*Psalm 22:1-13*



SCRIPTURE READING:  
**EPHESIANS 6:1-9**

VERSES TO FOCUS ON:  
**EPHESIANS 6:5-6**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What do these verses teach us about integrity and honesty in the workplace? How do these qualities reflect our obedience to Christ?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you work with integrity and a sincere heart, seeing every task as an opportunity to show obedience to Christ.

NOTES

**BENEDICTION:** AND GOD IS ABLE TO BLESS YOU ABUNDANTLY, SO THAT IN ALL THINGS AT ALL TIMES, HAVING ALL THAT YOU NEED, YOU WILL ABOUND IN EVERY GOOD WORK. 2 CORINTHIANS 9:8

**THURSDAY**  
MAY 1

CALL TO WORSHIP:

*See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!* 1 JOHN 3:1A

PSALM OF THE DAY:

*Psalms 22:14-31*



SCRIPTURE READING:  
**EPHESIANS 6:1-9**

VERSES TO FOCUS ON:  
**EPHESIANS 6:7-8**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How does viewing your work as service to God change your perspective on daily tasks? What does it mean to serve "wholeheartedly" in your current responsibilities?
- Spend a few minutes talking with God through prayer about this passage. Ask God to reveal any areas in your life where you're more focused on pleasing people than honoring God.

NOTES

**BENEDICTION:** AND GOD IS ABLE TO BLESS YOU ABUNDANTLY, SO THAT IN ALL THINGS AT ALL TIMES, HAVING ALL THAT YOU NEED, YOU WILL ABOUND IN EVERY GOOD WORK. 2 CORINTHIANS 9:8

**FRIDAY**  
MAY 2

CALL TO WORSHIP:

*See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!* 1 JOHN 3:1A

PSALM OF THE DAY:

*Psalm 23*



SCRIPTURE READING:  
**EPHESIANS 6:1-9**

VERSES TO FOCUS ON:  
**EPHESIANS 6:9**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How can you demonstrate fairness and respect to those under your authority? What does it mean to lead in a way that reflects Christ's character?
- Spend a few minutes talking with God through prayer about this passage. Pray for humility and fairness in your leadership roles, seeking to honor God by how you treat others.

NOTES

**BENEDICTION:** AND GOD IS ABLE TO BLESS YOU ABUNDANTLY, SO THAT IN ALL THINGS AT ALL TIMES, HAVING ALL THAT YOU NEED, YOU WILL ABOUND IN EVERY GOOD WORK. 2 CORINTHIANS 9:8

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**MONDAY**  
MAY 5

CALL TO WORSHIP:

*The Lord your God is with you, the Mighty Warrior who saves. He will take great delight in you; in his love he will no longer rebuke you, but will rejoice over you with singing.* ZEPHANIAH 3:17

PSALM OF THE DAY:

*Psalm 24*



SCRIPTURE READING:  
**EPHESIANS 6:10-12**

VERSES TO FOCUS ON:  
**2 CORINTHIANS 10:3-5**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- Paul reminds us that the battles we face are not fought with physical weapons but with spiritual ones empowered by God. What strongholds (patterns of sin, lies, and spiritual opposition) do you see in your life or around you that need to be demolished?
- Spend a few minutes talking with God through prayer about this passage. Ask God to open your eyes to the spiritual forces at work in your life, and to equip you with his divine weapons to stand firm against spiritual strongholds and walk in his truth.

NOTES

**BENEDICTION:** DEAR FRIEND, I PRAY THAT YOU MAY ENJOY GOOD HEALTH AND THAT ALL MAY GO WELL WITH YOU, EVEN AS YOUR SOUL IS GETTING ALONG WELL. **3 JOHN 1:2**

**TUESDAY**  
MAY 6

CALL TO WORSHIP:

*The Lord your God is with you, the Mighty Warrior who saves. He will take great delight in you; in his love he will no longer rebuke you, but will rejoice over you with singing.* ZEPHANIAH 3:17

PSALM OF THE DAY:

*Psalm 25*



SCRIPTURE READING:

**EPHESIANS 6:10-12**

VERSES TO FOCUS ON:

**1 PETER 5:8-9**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- Peter warns us to stay vigilant because the enemy is actively seeking to attack. How can you remain spiritually alert and sober-minded in your daily life?
- Spend a few minutes talking with God through prayer about this passage. Thank Jesus for winning the ultimate battle over the enemy on the cross. Ask Jesus to protect you and guide you, and to give you the courage to resist the enemy and live a life that honors God.

NOTES

**BENEDICTION:** DEAR FRIEND, I PRAY THAT YOU MAY ENJOY GOOD HEALTH AND THAT ALL MAY GO WELL WITH YOU, EVEN AS YOUR SOUL IS GETTING ALONG WELL. **3 JOHN 1:2**

**WEDNESDAY**  
MAY 7

CALL TO WORSHIP:

*The Lord your God is with you, the Mighty Warrior who saves. He will take great delight in you; in his love he will no longer rebuke you, but will rejoice over you with singing.* ZEPHANIAH 3:17

PSALM OF THE DAY:

*Psalm 26*



SCRIPTURE READING:

**EPHESIANS 6:10-12**

VERSES TO FOCUS ON:

**JAMES 4:4-7**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- Submission to God is our first and greatest act of spiritual warfare. What does it look like to fully submit to God in your current season of life?
- Spend a few minutes talking with God through prayer about this passage. Ask God to reveal any areas where you need to let go of control and trust God more.

NOTES

**BENEDICTION:** DEAR FRIEND, I PRAY THAT YOU MAY ENJOY GOOD HEALTH AND THAT ALL MAY GO WELL WITH YOU, EVEN AS YOUR SOUL IS GETTING ALONG WELL. **3 JOHN 1:2**

**THURSDAY**  
MAY 8

CALL TO WORSHIP:

*The Lord your God is with you, the Mighty Warrior who saves. He will take great delight in you; in his love he will no longer rebuke you, but will rejoice over you with singing.* ZEPHANIAH 3:17

PSALM OF THE DAY:

*Psalm 27*



SCRIPTURE READING:

**EPHESIANS 6:10-12**

VERSES TO FOCUS ON:

**ROMANS 13:11-14**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How can you put aside deeds of darkness and walk in the light today? What does it mean to clothe yourself with Christ in practical terms?
- Spend a few minutes talking with God through prayer about this passage.

NOTES

**BENEDICTION:** DEAR FRIEND, I PRAY THAT YOU MAY ENJOY GOOD HEALTH AND THAT ALL MAY GO WELL WITH YOU, EVEN AS YOUR SOUL IS GETTING ALONG WELL. **3 JOHN 1:2**

**FRIDAY**  
MAY 9

CALL TO WORSHIP:

*The Lord your God is with you, the Mighty Warrior who saves. He will take great delight in you; in his love he will no longer rebuke you, but will rejoice over you with singing.* ZEPHANIAH 3:17

PSALM OF THE DAY:

*Psalm 28*



SCRIPTURE READING:  
**EPHESIANS 6:10-12**

VERSES TO FOCUS ON:  
**EPHESIANS 6:10-12**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- Paul emphasizes that our strength comes from the Lord and his mighty power. Which pieces of the armor of God do you need to focus on putting into practice?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you stand strong in his power and faithfully put on the full armor of God each day, trusting him to lead you to victory.

NOTES

**BENEDICTION:** DEAR FRIEND, I PRAY THAT YOU MAY ENJOY GOOD HEALTH AND THAT ALL MAY GO WELL WITH YOU, EVEN AS YOUR SOUL IS GETTING ALONG WELL. **3 JOHN 1:2**

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**MONDAY**  
MAY 12

CALL TO WORSHIP:

*The Lord is my strength and my shield; my heart trusts in him, and he helps me.* PSALM 28:7A

PSALM OF THE DAY:

*Psalms 29*



SCRIPTURE READING:  
**EPHESIANS 6:13-17**

VERSES TO FOCUS ON:  
**EPHESIANS 6:13**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- We might expect that after being told to suit up with armor, we would be instructed to fight, but instead we are told to stand firm. Why?
- Spend a few minutes talking with God through prayer about this passage. Ask God to be your trainer and coach, teaching you to live out his mission with the resources he has given you.

NOTES

**BENEDICTION:** NOW TO HIM WHO IS ABLE TO DO IMMEASURABLY MORE THAN ALL WE ASK OR IMAGINE, ACCORDING TO HIS POWER THAT IS AT WORK WITHIN US, 21 TO HIM BE GLORY IN THE CHURCH AND IN CHRIST JESUS THROUGHOUT ALL GENERATIONS, FOR EVER AND EVER! AMEN. **EPHESIANS 3:20-21**

**TUESDAY**  
MAY 13

CALL TO WORSHIP:

*The Lord is my strength and my shield; my heart trusts in him, and he helps me.* PSALM 28:7A

PSALM OF THE DAY:

*Psalms 30*



SCRIPTURE READING:  
**EPHESIANS 6:13-17**

VERSES TO FOCUS ON:  
**EPHESIANS 6:14**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How do truth and righteousness protect us? How can we grow in truth and righteousness?
- Spend a few minutes talking with God through prayer about this passage. Ask God to help you better understand and live by God's Word.

NOTES

**BENEDICTION:** NOW TO HIM WHO IS ABLE TO DO IMMEASURABLY MORE THAN ALL WE ASK OR IMAGINE, ACCORDING TO HIS POWER THAT IS AT WORK WITHIN US, 21 TO HIM BE GLORY IN THE CHURCH AND IN CHRIST JESUS THROUGHOUT ALL GENERATIONS, FOR EVER AND EVER! AMEN. **EPHESIANS 3:20-21**

CALL TO WORSHIP:

*The Lord is my strength and my shield; my heart trusts in him, and he helps me.* PSALM 28:7A

PSALM OF THE DAY:

*Psalm 31*



SCRIPTURE READING:  
**EPHESIANS 6:13-17**

VERSES TO FOCUS ON:  
**EPHESIANS 6:15**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- In ancient times, soldiers wore shoes that allowed for stability, mobility, and readiness in battle. How can we be rooted in the gospel, move confidently in the gospel, and be prepared to share the gospel message?
- Spend a few minutes talking with God through prayer about this passage. Pray that God would saturate your life with the gospel so that it affects everything you do and say.

NOTES

**BENEDICTION:** NOW TO HIM WHO IS ABLE TO DO IMMEASURABLY MORE THAN ALL WE ASK OR IMAGINE, ACCORDING TO HIS POWER THAT IS AT WORK WITHIN US, 21 TO HIM BE GLORY IN THE CHURCH AND IN CHRIST JESUS THROUGHOUT ALL GENERATIONS, FOR EVER AND EVER! AMEN. **EPHESIANS 3:20-21**

**THURSDAY**  
MAY 15

CALL TO WORSHIP:

*The Lord is my strength and my shield; my heart trusts in him, and he helps me.* PSALM 28:7A

PSALM OF THE DAY:

*Psalm 32*



SCRIPTURE READING:  
**EPHESIANS 6:13-17**

VERSES TO FOCUS ON:  
**EPHESIANS 6:16**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How does faith protect us? How can we grow in our faith?
- Spend a few minutes talking with God through prayer about this passage. Confess any doubts to God and invite God to strengthen your faith.

NOTES

**BENEDICTION:** NOW TO HIM WHO IS ABLE TO DO IMMEASURABLY MORE THAN ALL WE ASK OR IMAGINE, ACCORDING TO HIS POWER THAT IS AT WORK WITHIN US, 21 TO HIM BE GLORY IN THE CHURCH AND IN CHRIST JESUS THROUGHOUT ALL GENERATIONS, FOR EVER AND EVER! AMEN. **EPHESIANS 3:20-21**

**FRIDAY**  
MAY 16

CALL TO WORSHIP:

*The Lord is my strength and my shield; my heart trusts in him, and he helps me.* PSALM 28:7A

PSALM OF THE DAY:

*Psalm 33:1-12*



SCRIPTURE READING:  
**EPHESIANS 6:13-17**

VERSES TO FOCUS ON:  
**EPHESIANS 6:17**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How can God's Word equip us to stand firm and secure in our salvation against temptation and deception?
- Spend a few minutes talking with God through prayer about this passage. As you commit God's Word to memory, ask the Spirit to remind you of these Scriptures when you need it.

NOTES

**BENEDICTION:** NOW TO HIM WHO IS ABLE TO DO IMMEASURABLY MORE THAN ALL WE ASK OR IMAGINE, ACCORDING TO HIS POWER THAT IS AT WORK WITHIN US, 21 TO HIM BE GLORY IN THE CHURCH AND IN CHRIST JESUS THROUGHOUT ALL GENERATIONS, FOR EVER AND EVER! AMEN. **EPHESIANS 3:20-21**

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WEEK 21





**MONDAY**  
MAY 19

CALL TO WORSHIP:

*Praise the Lord. Praise the Lord, my soul. I will praise the Lord all my life; I will sing praise to my God as long as I live.* PSALM 146:1-2

PSALM OF THE DAY:

*Psalm 33:13-22*



SCRIPTURE READING:  
**EPHESIANS 6:18-20**

VERSES TO FOCUS ON:  
**EPHESIANS 6:18A**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What does this verse teach us about how to pray and what to pray for? What does it look like to invite the Spirit to guide our prayer life?
- Spend a few minutes talking with God through prayer about this passage. See if you can discern what or who the Spirit might be leading you to pray for or about during this time, and then do so.

NOTES

**BENEDICTION:** AND THE PEACE OF GOD, WHICH TRANSCENDS ALL UNDERSTANDING, WILL GUARD YOUR HEARTS AND YOUR MINDS IN CHRIST JESUS. PHILIPPIANS 4:7

**TUESDAY**  
MAY 20

CALL TO WORSHIP:

*Praise the Lord. Praise the Lord, my soul. I will praise the Lord all my life; I will sing praise to my God as long as I live.* PSALM 146:1-2

PSALM OF THE DAY:

*Psalms 34*



SCRIPTURE READING:  
**EPHESIANS 6:18-20**

VERSES TO FOCUS ON:  
**EPHESIANS 6:18B**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- Why does Paul connect the need to stay alert with the command to "keep on praying for all the Lord's people"?
- Spend a few minutes talking with God through prayer about this passage. Reflect on your day and pray for those God brings to mind that you might encounter today.

NOTES

**BENEDICTION:** AND THE PEACE OF GOD, WHICH TRANSCENDS ALL UNDERSTANDING, WILL GUARD YOUR HEARTS AND YOUR MINDS IN CHRIST JESUS. PHILIPPIANS 4:7

CALL TO WORSHIP:

*Praise the Lord. Praise the Lord, my soul. I will praise the Lord all my life; I will sing praise to my God as long as I live.* PSALM 146:1-2

PSALM OF THE DAY:

*Psalm 35:1-14*



SCRIPTURE READING:  
**EPHESIANS 6:18-20**

VERSES TO FOCUS ON:  
**EPHESIANS 6:19**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- We often hesitate to share the gospel because we don't know what to say. How does this verse challenge and equip us?
- Spend a few minutes talking with God through prayer about this passage. Pray that God will give you the boldness and the desire to share with others about the difference Jesus makes in your life.

NOTES

**BENEDICTION:** AND THE PEACE OF GOD, WHICH TRANSCENDS ALL UNDERSTANDING, WILL GUARD YOUR HEARTS AND YOUR MINDS IN CHRIST JESUS. PHILIPPIANS 4:7

**THURSDAY**  
MAY 22

CALL TO WORSHIP:

*Praise the Lord. Praise the Lord, my soul. I will praise the Lord all my life; I will sing praise to my God as long as I live.* PSALM 146:1-2

PSALM OF THE DAY:

*Psalms 35:15-28*



SCRIPTURE READING:

**EPHESIANS 6:18-20**

VERSES TO FOCUS ON:

**EPHESIANS 6:20A**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- What does it mean to be an ambassador of the gospel?
- Spend a few minutes talking with God through prayer about this passage. You also are called and sent as an ambassador of the gospel. Where and to whom has God sent you for this purpose?

NOTES

**BENEDICTION:** AND THE PEACE OF GOD, WHICH TRANSCENDS ALL UNDERSTANDING, WILL GUARD YOUR HEARTS AND YOUR MINDS IN CHRIST JESUS. PHILIPPIANS 4:7

**FRIDAY**  
MAY 23

CALL TO WORSHIP:

*Praise the Lord. Praise the Lord, my soul. I will praise the Lord all my life; I will sing praise to my God as long as I live.* PSALM 146:1-2

PSALM OF THE DAY:

*Psalm 36*



SCRIPTURE READING:  
**EPHESIANS 6:18-20**

VERSES TO FOCUS ON:  
**EPHESIANS 6:20B**

QUESTIONS FOR REFLECTION:

- As you read today's passage, what stood out? Was there a particular word, phrase, or idea that caught your attention?
- How can you live as an ambassador of the gospel this week? What would that look like?
- Spend a few minutes talking with God through prayer about this passage. Now that we have been preparing all week through prayer, ask God to give you the opportunity and the wisdom to share with someone today about the difference Jesus makes in your life.

NOTES

**BENEDICTION:** AND THE PEACE OF GOD, WHICH TRANSCENDS ALL UNDERSTANDING, WILL GUARD YOUR HEARTS AND YOUR MINDS IN CHRIST JESUS. PHILIPPIANS 4:7

GROWTH GUIDE NOTES

SERMON NOTES





